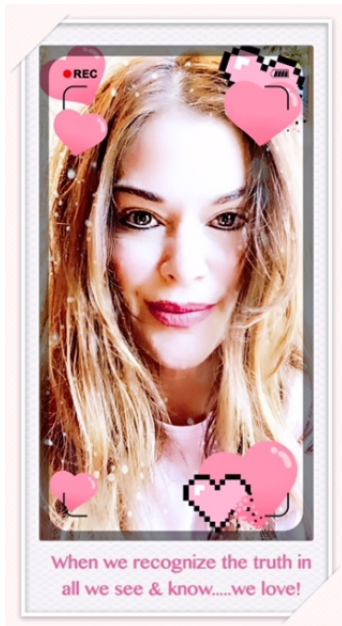




RASA Transmission International,
Inc.



ORDINARY IS EXTRAORDINARY... May Newsletter Tune-Up Tip

Greetings all our fabulous friends!!!

We hope you are all having a Marvelous month of May so far!!!

This Month Ramaji and I have laughed a LOT!

It has been so amazing to be a part of your process. Such an honor!!!

A great story re awakening is one Ramaji often likes to tell. This took place before

he was enlightened. In those days he was a student of Shinzen Young. He would buy Shinzen lunch at a Thai restaurant and pester him with questions!

It was on one of those clear and sunny days in Los Angeles when Ramaji asked him what happens after awakening? Shinzen Young's response to Ramaji was that if he ever got enlightened he should:

1. Embrace and do not avoid ordinary tasks and activities like cleaning the bathroom and shopping at the grocery store. Focus on them as if they are very important and do a great job while being fully mindful and totally present.
2. Make a special effort to spend time with people who are very ordinary. By ordinary he was referring to people that have no interest in spirituality, enlightenment, awakening etc.

Why? Because enlightenment is all about the ordinary. The first suggestion is a familiar one: be mindful in your daily life. Chop

wood, carry water. We've all heard that.

But the second tip is nothing short of brilliant. Ordinary people who do not give a crap about spiritual awakening are going to be one of your best sources of honest feedback about your integration. They are especially good at smelling the stink of enlightenment or spiritual ego.

I feel that these are really incredible pointers when reflecting on this stateless state! Sahaja (natural effortless state) is the greatest of all paradoxes!

On the one hand, one knows that their natural state IS the only state there is. Perfect and complete already. Free of the story and the mind games. Even if they go on now and then... So What!

Therefore one is struck by how ordinary this state actually IS! Yet within the ordinariness of this unique state is the extraordinary knowingness that IS most profound. The ordinary, this immediate now, however it may look, is not any more special than anyone else's state. Therefore the notion of being special or having any spiritual ego drops away--that in itself IS the extra ordinariness!

The fearless absolute recognition of truth itself. Meaning all those around you are THAT too! By acknowledging how ordinary one is... you are humbled into an extraordinary state!

How cool 😊

I totally love these themes!

How often do we try impress others with our spiritual knowledge, our fancy words and concepts. Hinting at our own greatness or our need to be right or beyond other!?

Every time this happens - you miss!

We ARE ALL THAT!

Let this be the lovely lesson, your Tune Up Tip in Magical May!

Wherever you are on the path, it is totally and completely as it should be. You are on your way! Plus the journey IS the destination! The desire itself is the ability to be truthful with oneself and SEE. The seeing is the freeing!!!

Get RASA!!! ☐☐☐☐☐☐

We love you all!

Ananda Devi & Ramaji

**RASA Transmission International,
Inc.**

5385 Camino Santander #68, San Diego, CA
92130

619-600-0125

<https://www.rasatransmissioninternational.com/>

Contact Ananda Devi:

satsangwithananda AT gmail DOT COM

Contact Ramaji:

satsangwithramaji AT gmail DOT COM

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