

EXCERPT FROM *INTIMACY WITH THE INFINITE* BY ANANDA
DEVI: “SELF-DECEPTION AND SPIRITUAL BYPASSING”



Intimacy with the Infinite

*The Truth about Life
after Awakening*

Ananda Devi

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BOOK REVIEWS ON AMAZON.COM

Gary Falk

5.0 out of 5 stars

The Post-Awakening Process is the Most Important of All.

September 20, 2019

Format: Paperback Verified Purchase

Get ready for a wild ride. "Rough and Raw" is what it is. So put aside your old worn out concepts of what enlightenment is, or should be, as well as your idealistic notions of what the post-enlightenment stage of life will bring, and strap yourself in while this book takes you on the topsy-turvy (to put it mildly) roller-coaster ride that was Ananda Devi's journey to enlightenment and beyond. Way beyond.

I have read so many books on Enlightenment and Self-Realization that every time I pick up a new one, it doesn't take too long before I'm thinking, "Been there, done that," or, "Same old, same old," and put it down before I reach page 40, if I get that far.

Verily, there is nothing new under the sun. And yet, here comes a book that literally blazes with new twists and turns and unsettling revelations about one remarkable hero's journey that had me up til 2 am reading it. (BTW, I'm usually in bed by 9.)

Yes, I know it's a cliché' but I could not put this book down. Ananda's journey is like no other, as you will quickly see. Young, svelte and beautiful, married with 3 kids (triplets), leading the "dream" life wealth, privilege, and ease, Ananda winds up, in effect, chucking it all (not her beloved children, of course) in her uncompromising and no-holds-barred determination not only to attain full Self-Realization, but even more importantly, to live the Post-Enlightenment life as a totally authentic complete human being.

If anyone is looking for an antidote to spiritual bypassing, Ananda Devi's raw honesty in facing her own blind spots and Shadow will provide it.

There is so much food for thought and meditation in this book that it's easy to go on and on, but I will try to keep it relatively brief by adding one final note.

For me, this book was personally significant because it discusses in brilliant detail Joseph Campbell's 17 stages of the Hero's Journey in comparison with Ananda Devi's own 17 stage journey.

This was especially meaningful to me because I started my own spiritual journey after reading and becoming literally knocked out by Joseph Campbell's classic work on a universal mythological theme, "Hero With A Thousand Faces." It wound up taking me 50

years, but I finally completed my own journey via the amazing inner work that Ananda Devi has mastered in her own unique and totally Zenlike fashion.

Greg Hyland

5.0 out of 5 stars

Seeking Enlightenment!!

September 21, 2019

Format: Paperback Verified Purchase

I have been seeking Enlightenment for most of my life. I did T.M. meditation for 43 years. I've read many spiritual books on Enlightenment, Spirituality, non-duality and other books on mysticism by Eastern Indian Masters. I then read Ramaji's book "1000", which was referred to me by a friend. I then contacted Ramaji and started my RASA program in August 2017.

In my first session which was one of many, Yes, I was a hard nut to crack so to speak. It did take me 8 months to reach LOC 1000 (Self-realization) finally. Ramaji mentions this in Ananda's book on page 303. Ramaji told to read a book by; Sri Nisargadatta Maharaj, 'I Am That.' Which I immediately ordered and read thoroughly. I had just finished reading the book; "The End of Your World", by Adyashanti. I recommend any spiritual seeker to read both of these books on Enlightenment.

After some sessions with Ramaji, he recommended I finish my RASA sessions with Ananda Devi, because I had become stuck at LOC 584. Ramaji said; that she would take me to LOC 1000, so I started with Ananda Devi in Feb. 2018. It was amazing the process I made with Ananda. I finished and reached LOC 1000 after 4 RASA sessions in April 2018.

I recently ordered Ananda Devi's book; "Intimacy with the Infinite", which I am still presently reading. I recommend this book on Enlightenment and Self-realization very strongly to any spiritual seeker seeking Enlightenment. Ananda tells the reader the Truth of what to expect after Awakening. That you are already the SELF, and always have been. Now, you just have to realize it. That's it is not all about Bliss, or that you change who you really are. Ananda's book will awaken a person to the Truth. She teaches you about non-duality or Enlightenment.

Ananda's book will take you through her own personal transmutation, stories from her own personal life., and the truth after one reaches a deep spiritual awakening. Ananda is very straightforward and authentic.

Namaste,

Greg

Self Radiance

5.0 out of 5 stars

Keeping it REAL

September 26, 2019

Format: Kindle Edition Verified Purchase

Ananda Devi's book is an engrossing tale of her life EXPERIENCE intermingled with the insight that has arisen from such a journey. It is not another book filled with spiritual platitudes and posturing. No ABC's and 123's. No guru nonsense about being beyond the mundane! This book is about diving into the mud of LIFE and owning it.....FEELING it.

I find it refreshing to hear such a tale as this with all of its twists and turns, ups and downs, because it keeps it on the human level. It is well worth the read as she has had quite a ride at times which Ananda lays out with intimacy and in very accessible language. The book reads easily much like a simple conversation and she shows tremendous courage in laying out the dirt of her life for all to see.

Ananda Devi elucidates many of the post-awakening blues and pitfalls that naturally arise and that so many 'spiritual teachers' simply don't address and that spiritual seekers are blindsided by. She adeptly conveys the message that THIS LIFE right NOW is all we got. If you want to fly in the astral then better find another book. This book is about real life....when the crap hits the fan...when loved ones turn on you.

Frankly, I have not come across another book that brings the human/spiritual journey down to earth such as this. Do yourself a favor and read it because it will just catapult you further beyond your 'story' so that you can attend to the REAL journey that arises AFTER awakening.

Amazon Customer

5.0 out of 5 stars

The ONLY book I can find on post-awakening!

September 17, 2019

Format: Kindle Edition Verified Purchase

This book was a Divine's gift to me. It appeared to my life when I need it the most!

Are you courageous enough to face your true Vulnerability? Because REAL awakening is not for the weaks!

Be prepared! This book will annihilate every single concept of yours about spiritual enlightenment. Ananda's brutally honest and direct style of teaching is like nothing else!

She is a true Zen master. She doesn't talk about awakening. She LIVE it. She is a walking example of what a truly enlightened person should be: Not a emotionless, desireless, all-peaceful and calm robot! She shows us the only way to awaken and live as a awakened person is to be a total authentic human being! That's the only way of life! To follow one's TRUTH!

Ananda told her stories in a very vulnerable yet passionate way. She meant every word of it. Every story and chapter provides deep insights for how to handle one's struggles and emotional pain even after self-realization. Ananda uses her life to show us that true enlightenment has no END. It is a process of forever learning and deepening of Love and infinite Beingness.

LOVE

MS

5.0 out of 5 stars

A personal journey to Enlightenment.

October 12, 2019

Format: Kindle Edition Verified Purchase

An exceptionally honest work showing true courage in even its undertaking. This book joins the ranks of [Suzanne] Segal and [Bernadette] Roberts and others documenting a personal journey culminating in Awakening and beyond.

HERE IS YOUR FREE SAMPLE CHAPTER...

Insight



Self-Deception and Spiritual Bypassing

“When you are sad, you should be completely involved in sadness without care for something happy. When you are happy, you should just enjoy the happiness.”

– Shunryu Suzuki

One of the most frustrating misconceptions that I deal with as a teacher is the belief that lack of feeling is a sign of authentic spiritual awakening. This false belief has infiltrated many modern spiritual groups.

They believe that the highest state is to exist in a neutral blank state of no feeling. They think that if you act as if you are unaffected by life, attached to nothing and show no emotional reactions then you are spiritually advanced!

This is the most appalling pile of spiritual BS I have ever heard. Somehow this absurd and bizarre message that you will become an emotionless robot has reached many students around the world. They become confused into thinking that the sublime detachment and high indifference they seek will be a kind of comfortable numbness.

Nothing could be further from the truth. It is the opposite!

Authentic awakening is best described as living moment to moment in a state of unblocked feeling with your whole body. Feeling is wholeheartedly embraced. Feeling is not suppressed or denied. Feeling is celebrated!

Awakening is about getting in touch with truth and living that truth. It is about spontaneous aliveness as the truth. This path of true awakening is

reflected in our increased ability to feel what is arising without blocks and without fear.

Society encourages us to live numb to our feelings. This numbness supports the global indifference which in turn perpetuates the abuse of innocent victims around the world. This blind neutral numbness is the problem that authentic real awakening rectifies.

We do not live in a thinking universe. We live in a feeling universe. We each have a totally unique personality. Our precious feelings are what unite us as a collective. Our ability to deeply feel is the foundation for our capacity to love and be interconnected.

It was only after my awakening that I discovered I was unconsciously using the spiritual concepts and beliefs that I had read or heard about to define and describe my truth. I saw that I had a habit of undervaluing my own existential now experience. I was clinging to ideas and concepts that had nothing to do with what was now going on with me.

I was trying to escape from this moment as it is. I was clinging to hope!

My mystical awakening was a profound blessing. It quickly dissolved that old spiritual habit. I then went on my authentic "real person" hunt. I wanted to meet at least one authentic human being who embodied this direct knowing.

I had no interest in objectifying, conceptualizing, dramatizing or even discussing the wordless. My interest was to live my truth fully.

This is the beauty of waking up. The world becomes a fresh existential experience. Each moment is unique and innocent. I feel everything. Feeling after feeling after feeling is experienced as a natural flowing river! The feelings flow through my body the way the blood flows through my veins.

"Resting in the absolute" is not a theory. It is not abstract. It is not a concept. It is obvious and you cannot exit the absolute even if you tried.

If you cannot be real with yourself then you are still missing the mark. The biblical meaning of the word "sin" in Aramaic is "to miss." You miss living your life when all you do is think about living without actually experiencing the now moment with all your being and with all of your capacity to feel.

It is just another trick to fantasize that you will become an avatar who is above human. It is just another false truth that freedom means you extinguish your very beautiful very human array of colorful emotions.

All this suppressing, missing and resisting is only another way to bullshit yourself. Ultimately you realize that the trickster is the mind and it will do whatever it can to remain in control. It is afraid of taking the backseat!

To die and be reborn may sound poetic but it is much easier fantasized than lived in its fullness. What is required is the annihilation of the false. This includes every single belief, concept, book, guru, teaching and teacher!

Then you can stand up and ROAR! Then you are no longer afraid of really living and truly being an authentic loving, vulnerable and real human being.

This will be the death of your false ideas about enlightenment. If you allow it, your true Self will arrange a string of events designed to kill the residue of falseness that persists even after awakening. This is deeply humbling.

This is the most humbling existential experience a person can have. You not only drop your residual echoes of false superiority, you drop your notions of false inferiority and even your false notions of being spiritual and enlightened!

Your lingering attachments to superiority, inferiority, spirituality, enlightenment and other false concepts are dropped organically. The you that survives this deepest of all purges is naked, fresh and innocent.

This is a new innocence that you have never experienced. It is a mature innocence that welcomes the other as your very own beloved Self.

This mature innocence enables you to live with ever deepening love and compassion. Your passion for truth has driven away anything that does not serve truth in all its glory. This truth that is revealed in each moment is your true face before you were born. You live happy, unconditioned and free.

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To book a session with Ananda Devi, please go to
RasaTransmissionInternational.com.

Intimacy with the Infinite is available in Kindle and paperback
print versions at Amazon.com.